



INTERNATIONAL TRADITIONAL KARATE FEDERATION
INTERNATIONAL OFFICE Registered Legal Entity California
Secretary of State #C1757979 ----- ADMINISTRATION OFFICE
481 , Victoria Street • P.O. Box 402 Niagara-on-the-Lake,
Ontario • Canada • L0S 1J0 ----- E-MAIL: itkf@itkf.org

XXIIst. ITKF TRADITIONAL KARATE World Shi-ai for CADETS, JUNIORS, YOUTHS, SENIORS and VETERANS
and on the CHILDREN & Youth World Games

To: ITKF National Federations members
Re: XXII. ITKF Traditional Karate World Shi-ai &
Children & Youth Karate World Games

Dear ITKF members, karateka, friends and guests,

On behalf of the International Traditional Karate Federation, I am proud and honoured to invite all ITKF members to take part in the **XXIInd ITKF TRADITIONAL KARATE World Shi-ai for VETERANS, SENIORS, YOUTHS, JUNIORS and CADETS** and on the **CHILDREN & Youth Karate World Games** which will be held on the **11. – 13. April 2025 in City of Berlin, Germany.**

Osu

Sincerely Yours,

Sensei Richard Jorgensen
ITKF Chairman

Secretary General of the ITKF



XXIIst. ITKF TRADITIONAL KARATE World Shi-ai for CADETS, JUNIORS, YOUTHS, SENIORS and VETERANS and on the CHILDREN & Youth World Games

I. GENERAL INFORMATION

Title: XXIIst. ITKF TRADITIONAL KARATE World Shi-ai for VETERANS, SENIORS, YOUTHS, JUNIORS and CADETS and on the CHILDREN & Youth World Games

Sanctioned by: International Traditional Karate Federation (ITKF)
Hosted by: German Traditionel Shotokan-Karate Federation (DTSKF)
Tournament venue: Berlin-Capital of Germany
12487 Berlin-Adlershof, Merlitzstr. 16

II. PARTICIPANTS

All athletes that are selected by the respective ITKF National Federations to compete must fulfill the following conditions:

1. They must be current member of national federation in a good standing of the ITKF.
2. Age in agreement with their competition category.
3. They must know, fully understand and be able to compete in accordance with the ITKF competition rules.
4. They must be free of any physical or mental handicap that might cause a breach of the ITKF rules.
5. All **KUMITE**, **KO-GO** and **FUKU-GO** athletes are obliged to wear the official ITKF **KUMITE GLOVES** in accordance with ITKF rules. For hygienic reasons gloves cannot be shared between athletes. Mouth (tooth) guards are also mandatory to be worn. (Breast-protection for women, groin protector for men is optional, but recommended safety equipment)
6. They must have his/her own international traveling insurance and also personal accident insurance issued by their respective National Federations.
7. They must belong to a National Federation which is a full and paid-up member of the ITKF including the year 2025.
8. Only individuals holding a valid ITKF Certified Judge – and Coaches Qualification and properly registered with the Tournament Controlling Body will be allowed to represent and coach athletes during the competition.
9. They must present Medical Release and International Health Insurance to Medical Emergencies.
10. All countries must bring their national anthem one national flags.



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III. CATEGORIES

Age and competition categories

COMPETITION CATEGORIES

CADETS / 14 – 15 years old / born in 2011 and 2010

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Fuku-Go Men	No limit per country	Using Ko-Go Kumite
Fuku-Go Women	No limit per country	Using Ko-Go Kumite
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Individual Ko-Go Men	No limit per country	
Individual Ko-Go Women	No limit per country	
Team Kumite Men	No limit per country	Using Ko-Go Kumite
Team Kumite Women	No limit per country	Using Ko-Go Kumite

JUNIORS / 16 – 17 years old / born in 2009 and 2008

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite
Individual Kumite Women	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite
Fuku-Go Men	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite
Fuku-Go Women	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Individual Ko-Go Men	No limit per country	
Individual Ko-Go Women	No limit per country	
Team Kumite Men	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite
Team Kumite Women	No limit per country	In the preliminary rounds Ko-Go Kumite in the semi-final and final rounds Jiyu-Kumite



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YOUTHS /18-20 years old / born in 2007, 2006 and 2005

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	
Individual Kumite Women	No limit per country	
Fuku-Go Men	No limit per country	
Fuku-Go Women	No limit per country	
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Team Kumite Men	No limit per country	
Team Kumite Women	No limit per country	

SENIORS GROUP / 21 - 49 years old/born from 2004-1976

Individual Kata Men	No limit per country	
Individual Kata Women	No limit per country	
Individual Kumite Men	No limit per country	
Individual Kumite Women	No limit per country	
Fuku-Go Men	No limit per country	
Fuku-Go Women	No limit per country	
Synchronized Kata Men	No limit per country	
Synchronized Kata Women	No limit per country	
En-Bu Men	No limit per country	
En-Bu Mixed	No limit per country	
Team Kumite Men	No limit per country	
Team Kumite Women	No limit per country	

VETERANS

Kumite age category	Kata age category	Fuku Go age category
50 to 59 year	50 to 59 year	50 to 59 year
60 to 69 year	60 to 69 year	60 to 69 year
70 and older	70 and older	70 and older



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COMPETITION CATEGORIES

A. CHILDREN I. AGE 10-11 YEARS (BORN IN 2015-2014) – 7. / 6. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Kihon-Ippon-Kumite Girls	No limit per country
Ind. Kihon-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

B. CHILDREN I. AGE 10-11 YEARS (BORN IN 2015-2014) – 5. / 4. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Ind. Jiyu-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

C. CHILDREN I. AGE 10-11 YEARS (BORN IN 2015-2014) – from 3. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Ko-Go-Kumite Girls	No limit per country
Ind. Ko-Go-Kumite Boys	No limit per country
Enbu-Mix	No limit per country
Enbu Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country



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A. CHILDREN II. AGE 12-13 YEARS (BORN IN 2013-2012) – 7. / 6. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Kihon-Ippon-Kumite Girls	No limit per country
Ind. Kihon-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

B. CHILDREN II. AGE 12-13 YEARS (BORN IN 2013-2012) – 5. / 4. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Ind. Jiyu-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

C. CHILDREN II. AGE 12-13 YEARS (BORN IN 2013-2012) – from 3. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Ko-Go-Kumite Girls	No limit per country
Ind. Ko-Go-Kumite Boys	No limit per country
Enbu-Mix	No limit per country
Enbu Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country



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A. CADETS I. / 14 – 15 years old / born in 2011 and 2010 – 7. / 6. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Kihon-Ippon-Kumite Girls	No limit per country
Ind. Kihon-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

B. CADETS I. / 14 – 15 years old / born in 2011 and 2010 – 5. / 4. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Jiyu-Ippon-Kumite Girls	No limit per country
Ind. Jiyu-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

A. JUNIORS I. / 16 – 17 years old / born in 2009 and 2008 – 7. / 6. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Kihon-Ippon-Kumite Girls	No limit per country
Ind. Kihon-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country

B. JUNIORS I. / 16 – 17 years old / born in 2009 and 2008 – 5. / 4. Kyu

Individual Kata Girls	No limit per country
Individual Kata Boys	No limit per country
Ind. Kihon-Ippon-Kumite Girls	No limit per country
Ind. Kihon-Ippon-Kumite Boys	No limit per country
Individual Kihon Girls	No limit per country
Individual Kihon Boys	No limit per country
Team Kata Girls	No limit per country
Team Kata Boys	No limit per country



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COMPETITION RULES

INDIVIDUAL KATA:

Groups **Children A-C**: eliminations - flag system, final (last 4 athlete by points)

Groups **Cadets A/B** and **Juniors A/B**: eliminations - flag system, final (last 4 athlete by points)

TYPE OF KATA (individual and team):

Group A: elimination: Taikyoku, Heian 1-2-3; (The kata is run according to the decision of the Kanza)

Group B: elimination: Heian 1-2-3-4-5; (The kata is run according to the decision of the Kanza)

Group C: elimination: Heian 1-2-3-4-5 Tekki 1; (The kata is run according to the decision of the Kanza)

Final-Kata: free

Team Kata: Each team will be composed of 3 contestants (1 athlete can be from the younger group).

No Bunkai.

KIHON:

From natural stance **must step back** with Gedan-Barai and start techniques from left (Hidari) stance!

4 steps forward with the technique and 4 steps back with the combination. Kiai on the last series of techniques.

GROUP A / B

1. Oi-Zuki /Jodan	forward
2. Age-Uke / Gyaku-Zuki	backward
3. Oi-Zuki / Chudan	forward
4. Soto-Uke / Gyaku-Zuki	backward
5. Mae-Geri / Chudan	forward
6. Gedan-Barai / Gyaku-Zuki	backward

GROUP A / B Finals

1. Oi-Zuki /Jodan	forward
2. Age-Uke / Gyaku-Zuki	backward
3. Oi-Zuki / Chudan	forward
4. Soto-Uke / Gyaku-Zuki	backward
5. Mae-Geri / Chudan	forward
6. Gedan-Barai / Gyaku-Zuki	backward
7. Mawashi-Geri /Jodan	forward
8. Jodan Uchi-Ude-Uke / Gyaku-Zuki	backward



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KIHON-IPPON KUMITE GROUP A I / A II:

ATTACK: Natural stance: Gedan-Barai **step back** in Zenkutsu Dachi and attack techniques from left (Hidari)

DEFENSE: Heiko (Yoi) Dachi

1.

ATTACK: AKA - Oi-Zuki (Jodan)

DEFENSE: SHIRO - Age-uke counter attack: Gyaku-Zuki-Chudan

2.

ATTACK: AKA - Oi-Zuki (Chudan)

DEFENSE: SHIRO - Soto-uke counter attack: Gyaku-Zuki-Chudan

3.

ATTACK: AKA - Mae-Geri (Chudan)

DEFENSE: SHIRO - Gedan-Barai counter attack: Gyaku-Zuki-Chudan

JYU-IPPON KUMITE GROUP B I / B II:

1.

ATTACK: AKA - Kizami-Zuki-Jodan

DEFENSE: SHIRO - counter attack: Uke-Waza-Free / Gyaku-Zuki-Chudan

2.

ATTACK: AKA - Oi-Zuki -Jodan

DEFENSE: SHIRO - counter attack: Uke-Waza-Free / Gyaku-Zuki-Chudan

3.

ATTACK: AKA - Oi-Zuki-Chudan

DEFENSE: SHIRO - counter attack: Uke-Waza-Free / Gyaku-Zuki-Chudan

4.

ATTACK: AKA - Mae-Geri-Chudan

DEFENSE: SHIRO - counter attack: Uke-Waza-Free / Gyaku-Zuki Chudan

5.

ATTACK: AKA - Mawashi-Geri-Jodan;

DEFENSE: SHIRO - counter attack: Uke-Waza-Free / Gyaku-Zuki-Chudan

*IN FINAL MATCHES ONLY - plus RENZOKU-KOGEKI-WAZA: Kizami-Tsuki-Jodan - Mawashi-Geri- Jodan -
Uraken-Uchi-Jodan - Gyaku-Tsuki-Chudan.

KO-GO-KUMITE and En-Bu GROUP C I / C II:

According to ITKF rules.



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ATTENTION:

1. AN ATHLETE CAN PARTICIPATE IN INDIVIDUAL CATEGORIES ONLY IN HIS AGE CATEGORY.
IF HE PARTICIPATES IN TEAM CATEGORY FOR AN OLDER AGE GROUP, HE CANNOT PARTICIPATE IN THE
SAME TEAM CATEGORY IN HIS AGE GROUP!

Example: one cadet athlete can participate in individual categories for cadets. He can participate in team kata for juniors. In this case he cannot be part of team kata cadets.

APPLICATION AND REGISTRATION

a) Applications

Dear athletes, since, we have very little time - we are kindly asking all participants (Officials, Athletes, Coaches and Judges) to apply their applications latest **by January 31, 2025**. Thank you for understanding in advance.
The registration must include:

1. Details of all Officials, Coaches and Judges;
2. Details of all Athletes including respective competing categories;
3. Digital passport size photo for each Official, Coach, Judge and Athlete;
4. Registration fees for all participants can be paid to the
T.O.C. – Information will follow
5. Hotel information and transport will follow
6. Once again please send all your applications latest by **January 31, 2025**.

PARTICIPATION FEES CHILDREN & Youth

EUR 10, 00 - per person, per individual category
EUR 20, 00 - for En-Bu
EUR 30, 00 - for Team

PARTICIPATION FEES CADETS, JUNIORS, YOUTHS, SENIORS and VETERANS

EUR 20, 00 - per person, per individual category
EUR 40, 00 - for En-Bu
EUR 60, 00 - for Team

COACHES AND REFEREES REGISTRATION AND INSTRUCTION ACCREDITATION EUR 50,00

ACCOMODATION

see hotel annex



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APPLICATIONS & REGISTRATION

A. Applications

Therefore, we kindly ask all National Federations to complete all registration of their Officials, Athletes, Coaches and Judges and send them on Application Forms by **January, 31 2025.**

Note: Any application sent after this deadline will be processed but double fees for athletes' participation must be paid to the Tournament Organizing Committee

B. Registration

All registration has to be sent on the Application Forms to e-mail:

The registration must include:

1. details of all Officials, Coaches and Judges
2. details of all Athletes including respective competing categories
3. digital passport size photo for each Official, Coach, Judge (athlete photo is not required)
4. All to be done by **January, 31 2025 deadline!!!**

Please help us run this complex operation smoothly by observing the deadline.



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SCHEDULE OF EVENTS

Please note the separate schedule!!!

TOURNAMENT REGISTRATION AND ACCREDITATION

A. DATES AND TIMES:

Tuesday, 08. April 2025, 4.00 p.m – 10.00 p.m

B. PLACE: Tournament Registration Office – 12489 Berlin, Rudower Chaussee 15, Essential by Dorint - Hotel

PLACEMENT OF THE DRAWING

A. DATE AND TIMES:

Thursday, 10. April 2025, 8.00 p.m – 10.00 p.m

B. PLACE: Tournament Registration Office - see above – Essential by Dorint Hotel

PLACEMENT DRAWING NOTE:

All Coaches are required to attend the Draw to confirm that the names and categories of their Athletes are correctly placed before the Draw begins.

No changes or additional inclusion of competitors will be accepted after the drawing.

JUDGES

Selection of the Judges will be made by the ITKF Technical Committee Members during the ITKF Judges Refresher Course held right before the World Championship on 11. April 2025 (Friday).

- Judges participating in this event have to be ITKF Registered Qualified Judges (class A, B, C) who have participated in the Judges' Refresher Course held before the tournament and completed the ITKF Judges' Refresher Course held in 2025.
- Each judge candidate must submit the application form, fee and passport size photograph for the Judges' Refresher Course by **8. April 2025**. All Judges must bring their own HAKAMA (black), whistle and clean KARATEGI.



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CONTACT-INFORMATION

All communication between National Federations and the T.O.C. should be done through:

Mr. Kurt Fischer-Weiherig, President TOC and DTSKF President, email: kfw@gmx.de
phone: +49 172 3942082

Mr. Michael Bock – ITKF General Secretary, email: karate.bock@gmx.de phone: +49 176 24 0000 37

A new website will be launched shortly and TOC will receive extra e-mail addresses - until then you can contact the ITKF Chairman, ITKF President or ITKF Secretary General personally.
Please do not hesitate to ask.

CONFIRMATION OF PARTICIPATION

All countries planning to participate in the XXIIst. ITKF TRADITIONAL KARATE World Shi-ai for CADETS, JUNIORS, YOUTHS, SENIORS and VETERANS and on the CHILDREN & Youth are requested to send the confirmation of participation by **November 30, 2024** to:

[e-mail: itkf@itkf.org](mailto:itkf@itkf.org)

Please write only general confirmation without details as regards number of participants etc.

Thank you in advance for your cooperation!

We are looking forward to seeing you in Berlin.

Rick Jorgensen
ITKF Chairman

Kurt Fischer-Weiherig
President of
Tournament Organizing
Committee (TOC)



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10.-13. April 2025

SPORTMETROPOLE BERLIN 



**KARATE
WORLD SHI-AI
BERLIN
2025**



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www.karate-berlin-2025.com

